

SUDBURY FUN RUN 2018

Number	Firstname	Lastname	Gender	Running Club
1	Robin	Belsom	Male	Ipswich Jaffa RC
2	Catherine	Belsom	Female	Stowmarket Striders RC
3	Scott	McLaren	Male	
4	David	Willer	Male	Hadleigh Hares AC
5	Lindsay	Hobden	Female	
6	Karen	Skene	Female	Capel Cheetahs
7	Verity	Farrow	Female	
8	Andrew	Bigg	Male	
9	Rebecca	Edwards	Male	
10	Wayne	Cook	Male	Colchester Harriers AC
11	Lucy	Mannering	Female	
12	Rachel	Dixey	Female	Felixstowe RRC
13	Roger	Stone	Male	Felixstowe RRC
14	Daisy	Mansi	Female	
15	Olie	Watson	Male	
16	Tom	Codling	Male	Sudbury Joggers
17	Carl	Roper	Male	
18	Sarah	Roper	Female	
19	Rebecca	Edwards	Female	
20	Jeanette	Hartley	Female	
21	Nicola	Currant	Female	
22	Karl	Feagan	Male	Hadleigh Hares AC
23	Nicola	Ashworth	Female	
24	Elizabeth	Brabner	Female	
25	Todd	Lewis	Male	Sudbury Joggers
26	Mark	Andrews	Male	
27	Amy	Tuffin	Female	
28	Louisa	Perry	Female	
29	Charlotte	May	Female	Halstead RRC
30	Mark	Arnold	Male	
31	Deben	Faiers	Female	
32	Jo	Dickinson	Female	Felixstowe RRC
33	Sandy	Maloy	Female	Sudbury Joggers
34	Claire	Moore	Female	
35	Ian	Moore	Male	
36	Nigel	Schofield	Male	Saint Edmund Pacers
37	Karina	Hunt	Female	Haverhill Running Club
38	Rachael	Hamblyn	Female	Ipswich Jaffa RC
39	Simon	Goldsmith	Male	Ipswich Jaffa RC
40	Suzanne	Tetley	Female	
41	Laura	Ridge	Female	
42	Tim	Attwood	Male	
43	Kerry Ann	Fuller	Female	
44	Scott	Smith	Male	
45	Maria	Reed	Female	Haverhill Running Club
46	Magdalena	Komorowska	Female	Great Bentley Running Club

47	Tomasz	Komorowski	Male	Great Bentley Running Club
48	Clare	Collins	Female	
49	James	Collins	Male	
50	Sarah	Farley	Female	
51	Chris	Regan	Male	
52	Josephine	Cheshire	Female	
53	Christopher	Cheshire	Male	
54	Erika	Downs	Female	Felixstowe RRC
55	Andy	Hayward	Male	Stowmarket Striders RC
56	Duncan	Cox	Male	
57	Rachael	Roughan	Female	Halstead RRC
58	Oriana	Varcoe	Female	
59	Ben	Hopkins	Male	
60	Sarah	Fardell	Female	
61	Oliver	Ditton	Male	
62	Dawn	Buckland	Female	
63	Daniel Leon	Summersgill	Male	
64	Emma	Thistleton	Female	
65	Jo	Hammond	Female	Haverhill Running Club
66	Sally	Solomon	Female	Felixstowe RRC
67	Dinah	Shrubsoke	Female	
68	Sarah	Clarke	Female	
69	Lauren	Johnston-wood	Female	
70	Sil	Clay	Female	Haverhill Running Club
71	Neil	Sawyer	Male	
72	Luke	Seabrook	Male	
73	Emma	Richbell	Female	
74	Rosemary	Naylor	Female	
75	Lucie	Wilson	Female	
76	Alison	Myles	Female	
77	Christopher	Thornton	Male	
78	Ian	Ledieu	Male	
79	Juliet	Balls	Female	
80	Sarah	Stuppell	Female	Haverhill Running Club
81	Bryn	Stuppell	Male	
82	Daniel	Everitt	Male	Haverhill Running Club
83	Clare	Everitt	Female	
84	Michelle	Gardner	Female	Haverhill Running Club
85	Scott	Manning	Male	Framlingham Flyers
86	Bruno	Brown	Male	
87	Sheri	Brown	Female	
88	Tracey	Welsh	Female	
89	Terry	Welsh	Male	
90	Steven	Boggis	Male	
91	Yusuf	Firat	Male	Haverhill Running Club
92	Helen	Selwood	Female	
93	Deb	Harrison	Female	Braintree & District AC
94	Laura	Hall	Female	
95	Jimmy	Secker	Male	Sudbury Joggers
96	Marion	Parker	Female	Felixstowe RRC
97	Michelle	Edney	Female	
98	Kate	Hutson	Female	Ipswich Jaffa RC

99	Lyn	Foster	Female	
100	Matt	Wright	Male	
101	Sharon	Bolton	Female	
102	Paul	McAllister	Male	Hadleigh Hares AC
103	Mark	JohnstonWood	Male	Sudbury Joggers
104	William	Johnston-Wood	Male	Sudbury Joggers
105	Aaron	Heard	Male	Capel Cheetahs
106	Sharon	Williets	Female	Capel Cheetahs
107	Sarah	Johnson	Female	
108	Isabella	Johnson	Female	
109	Lesley	Powell	Female	
110	John	Bush	Male	Great Bentley Running Club
111	Laura	Addison	Female	
112	Neil	Addison	Male	
113	Carl	Cooper	Male	Sudbury Joggers
114	Nicola	Stevenson	Female	Felixstowe RRC
115	Stuart	Green	Male	Stowmarket Striders RC
116	Tony	Smart	Male	
117	Stephanie	Ling	Female	
118	Jeremy	Downs	Male	Harwich Runners
119	John	Turnbull	Male	Hadleigh Hares AC
120	Liz	Turnbull	Female	
121	Claire	Turnbull	Female	
122	Angela	Turnbull	Female	
123	Beverley	Judd	Female	
124	Allison	Judd	Female	
125	Ian	Elden	Male	Ipswich Jaffa RC
126	James	Holmes	Male	
127	Bryan	Matthews	Male	
128	Joanne	Rendall	Female	
129	Daniel	Upton	Male	
130	Sarah	Jeggo	Female	Sudbury Joggers
131	Treena	Harrington	Female	Halstead RRC
132	Mark	Hughes	Male	Stowmarket Striders RC
133	Karen	Martin	Female	Haverhill Running Club
134	William	Haining	Male	
135	Chris	Wells	Male	Sudbury Joggers
136	Simon	Smith	Male	Colchester Harriers AC
137	Mark	Smith	Male	
138	Christine	Taylor	Female	Haverhill Running Club
139	Nigel	Prentis	Male	
140	Michael	Drury	Male	
141	Jane	Roach	Female	
142	Westley	Walker	Male	Haverhill Running Club
143	Joanna	Buckingham	Female	
144	Brian	Rogers	Male	Ipswich Jaffa RC
145	Mark	Leeks	Male	Ipswich Jaffa RC
146	Phil	Longman	Male	
147	Emma	Longman	Female	
148	Vanessa	Harvey	Female	
149	Mark	Jones	Male	
150	Tracie	Jones	Female	

151	Tracy	Humphreys	Female	Stowmarket Striders RC
152	Keith	Hammond	Male	
153	Katy	Hammond	Female	
154	Carl	Bergdahl	Male	Ipswich Jaffa RC
155	Jenna	Moore	Female	
156	Alice	Palmer	Female	
157	Silas	Palmer	Male	
158	Ross	Arnold	Male	Haverhill Running Club
159	Rachel	Goodwin	Female	
160	Carol	Bliss	Female	Haverhill Running Club
161	Helen	Allan	Female	
162	Karen	Grant	Female	Haverhill Running Club
163	Jenny	Lynch	Female	Felixstowe RRC
164	Clare	Frewin	Female	
165	Jess	Preston	Female	Vegan Runners UK
166	Ruth	Acworth	Female	
167	Caroline	Talbot	Female	
168	Brad	Smith	Male	
169	Karen	Murphy	Female	
170	Jon	Ellis	Male	
171	Carly	Moody	Female	
172	Naomi	Clark	Female	
173	Michael	Onslow	Male	
174	Raoul	Grantham	Male	Braintree & District AC
175	Jules	Cooper	Female	Sudbury Joggers
176	Sally	Siggers	Female	
177	Jacquelyn	Cobbold	Female	Hadleigh Hares AC
178	Stephen	Bartholomew	Male	
179	Odette	Robson	Female	Saint Edmund Pacers
180	Joe	Robson	Male	Saint Edmund Pacers
181	Simon	Colclough	Male	
182	Adam	Howlett	Male	Framlingham Flyers
183	Amanda	Dunn	Female	Hadleigh Hares AC
184	Victoria	Kenny	Female	Hadleigh Hares AC
185	Oliver	Riches	Male	Hadleigh Hares AC
186	Annie	Reid	Female	
187	John	Francis	Male	
188	Sylvie	Francis	Female	
189	Val	Haynes	Female	
190	Lindsey	Ward	Female	
191	Andy	Brown	Male	
192	Tom	Kingsnorth	Male	Saint Edmund Pacers
193	Phil	Davies	Male	Ipswich Jaffa RC
194	Max	Hemson	Male	
195	Emily	Ablitt	Female	
196	Juliette	Chambers	Female	
197	Tony	Holland	Male	Ipswich Jaffa RC
198	Michele	Ostler	Female	
199	Gillian	Blackmore	Female	
200	Rachel	Oxford	Female	Hadleigh Hares AC
201	Mary Ann	Tuli	Female	Haverhill Running Club
202	Mark	Oxford	Male	Ipswich Triathlon Club

203	Stuart	Lakey	Male	
204	Richard	Tiller	Male	Halstead RRC
205	Neil	Arbon	Male	
206	Andy	Lonergan	Male	
207	Hannah	Massie	Female	
208	David	Guest	Male	
209	Annie	Gourlay	Female	
210	Robert	Gourlay	Male	
211	Amanda	Mallinson	Female	
212	Hayley	Pegg	Female	Chelmsford AC
213	Philip	Brown	Male	Saint Edmund Pacers
214	Claire	Hoblyn	Female	Saint Edmund Pacers
215	Marcus	King	Male	
216	Murray	Baker	Male	
217	Gary	Cole	Male	
218	Ian	Gooderham	Male	Saint Edmund Pacers
219	Diane	Parton	Female	Capel Cheetahs
220	Andy	Parton	Male	
221	Natalie	Bass	Female	
222	Simon	Daniel	Male	
223	Robert	Goodwin	Male	Haverhill Running Club
224	Alison	Goodwin	Female	Haverhill Running Club
225	Joe	Roberts	Male	
226	Ashley	Proctor	Male	Haverhill Running Club
227	Robbie	Burt	Male	Saint Edmund Pacers
228	Ruth	Kieran	Female	
229	Karen	Hatton	Female	Saint Edmund Pacers
230	Daniel	Mead	Male	Saint Edmund Pacers
231	Lynnette	Garstang	Female	Haverhill Running Club
232	Clair	Gale	Female	Haverhill Running Club
233	Richard	Smith	Male	Saint Edmund Pacers
234	Aiko	Henington	Female	Colchester Harriers AC
235	Andrew	Hill	Male	
236	Michelle	Tarbun	Female	
237	Robert	Shaw	Male	Saffron Striders RC
238	Anna	Clayton	Female	
239	Iain	Hunter	Male	Stowmarket Striders RC
240	Harry	Fitzgerald	Male	Ipswich Harriers
241	Kara	Moore damant	Female	Stowmarket Striders RC
242	Morgan	Moore	Male	Stowmarket Striders RC
243	Ben	Cowley	Male	Saxmundham Sports Running & Fitness Club
244	Tom	Cresswell	Male	Colchester Harriers AC
245	Michael	Undrill	Male	
246	Tom	Prazsky	Male	
247	David	Ilczenko	Male	
248	Anya	Ilczenko	Female	
249	Sofia	Ilczenko	Female	
250	Suzanne	Ilczenko	Female	
251	Lewis	Childs	Male	
252	Matthew	Bennett	Male	
253	Adrian	Cole	Male	Stowmarket Striders RC
254	Angela	Whiting	Female	Stowmarket Striders RC

255	Lisa	Smith	Female	
256	Kate	Brett	Female	
257	Emma	Jones	Female	
258	Leanne	Gooderham	Female	
259	Jess	Henderson	Female	
260	Jospeh	Webb	Male	Saint Edmund Pacers
261	Sandra	Webb	Female	Saint Edmund Pacers
262	Vincent	Webb	Male	Saint Edmund Pacers
263	Eileen	Shadford	Female	Great Bentley Running Club
264	Rob	Swansborough	Male	
265	Les	Smith	Male	
266	Michelle	Hudson	Female	
267	Thomas	Hudson	Male	
268	Colin	Poole	Male	
269	Lionel	Ravat	Male	
270	Fee	Park	Female	
271	Sarah	Lomax	Female	
272	Nordie	Childs	Female	
273	Harriet	Sheffield	Female	
274	Josephine	Sheffield	Female	Braintree & District AC
275	Tim	Ranson	Male	
276	Michelle	Ranson	Female	
277	Mark	Kempthorne	Male	
278	Ivan	Ambrose	Male	
279	Angus	Williamson	Male	
280	Steve	Stearns	Male	
281	Lesley	Cogger-Berry	Female	
282	Jenny	Merry	Female	Sudbury Joggers
283	Janice	Beckett	Female	
284	Ian	Lennard	Male	
285	Martin	Brown	Male	
286	Louise	Brown	Female	
287	James	Welsh	Male	
288	Jane	Moore	Female	
289	David	Lesiak	Male	
290	John	Cullum	Male	Saint Edmund Pacers
291	Jodie	Black	Female	
292	Joey	Moxley	Male	
293	Richard	Grimsdell	Male	Saint Edmund Pacers
294	Andrew	Christie	Male	
295	Jennifer	Christie	Female	
296	Derek	Daly	Male	Saxmundham Sports Running & Fitness Club
297	James	Donnelly	Male	
298	David	Potts	Male	
299	Dan	Knight	Male	Haverhill Running Club
300	Kevin	Watson	Male	
301	Melanie	Watson	Female	
302	Philippa	Watson	Female	
303	Sandra	Ledwith	Female	
304	Alex	Jagger	Female	
305	Bethany	Chapman	Female	
306	Katherine	Chapman	Female	

307	Julie	Rout	Female	Sudbury Joggers
308	Andrea	Hunt	Female	Sudbury Joggers
309	Christopher	Beddowes	Male	
310	Matthew	Bullock	Male	
311	Lynn	Tanner	Female	Springfield Striders RC
312	Keith	Game	Male	
313	Jon-Paul	Broughton	Male	
314	Belinda	Palmer-barnes	Female	
315	Sue	Sorrell	Female	Great Bentley Running Club
316	Bobbie	Sauerzapf	Female	Bungay Black Dog RC
317	Chris	Chorley	Male	Bungay Black Dog RC
318	Jo	Codling	Female	
319	Kirsty	Weavers	Female	Saint Edmund Pacers
320	Ian	Elkins	Male	
321	Amanda	Prior	Female	Capel Cheetahs
322	Joby	Humm	Male	
323	Mandy	Humm	Female	
324	Amanda	Crisp	Female	
325	Matt	Keys	Male	
326	David	Miller	Male	
327	Louise	Glass	Female	
328	Steve	Mason	Male	
329	David	Mcmahon	Male	
330	Will	Ponsford	Male	
331	Emma	Wade	Female	
332	Samantha	Savory	Female	
333	Matthew	Goulding	Male	
334	Sarah	Bevan	Female	
335	John	Scaife	Male	Hadleigh Hares AC
336	Kristina	Bright	Female	Haverhill Running Club
337	Kelly	Wagland	Male	
338	Helen	Wagland	Female	
339	M	Wagland	Female	
340	Trelawney	Hodgkinson	Female	
341	John	Cooke	Male	Great Bentley Running Club
342	Nicola	Ranson	Female	Springfield Striders RC
343	Ellie	Cumner	Female	Colchester Harriers AC
344	John	Buckle	Male	
345	Lloyd	Warne	Male	
346	Stewart	Ellis	Male	Halstead RRC
347	Nick	Kempson	Male	Hadleigh Hares AC
348	Trish	Kempson	Female	Hadleigh Hares AC
349	Mark	Stocker	Male	
350	Darren	Mumford	Male	
351	Beth	Leggett	Male	
352	Natalie	Whybrow	Female	
353	Christopher	Whybrow	Male	
354	Glen	Avis	Male	Hadleigh Hares AC
355	Vivien	Ashton	Female	
356	Lee	Ford	Male	
357	Kelly	Smith	Female	
358	Rebekah	Henderson	Female	

359	Harris	Young	Female	
360	Bradley	De Jager	Male	
361	Ben	Smith	Male	
362	Aubrey	Todd	Male	
363	Mandy	Whyte	Female	
364	Leanne	Whyte	Female	
365	Megan	Newton	Female	West Suffolk AC
366	Colin	Ridley	Male	Colchester Harriers AC
367	Andrew	Ridley	Male	Birchfield Harriers
368	Arthur	Whiston	Male	Colchester Harriers AC
369	Toby	Underwood	Male	
370	Saul	Underwood	Male	
371	Hayley	Planck	Female	
372	Max	Planck	Male	
373	Lee	Cooper	Male	
374	Dean	Manning	Male	
375	Rebecca	Cooke	Female	Colchester Harriers AC
376	Chris	Manby	Male	Colchester Harriers AC
377	Alex	Batho	Male	
378	Oliver	Schofield	Male	
379	Will	Ginno	Male	
380	Zoe	Bridges	Female	Trail Running Association
381	Nicola	Caba	Female	
382	Ellie	Street	Female	
383	Shaun	Bokenham	Male	
384	Nina	Allard	Male	
385	Rachel	Schofield	Female	
386	Maddie	Kaye	Female	
387	Tracie	Norton	Female	
388	Sue	Donnelly	Female	
389	David	Tooth	Male	
390	Peter	Bateman	Male	
391	Richard	Stebbing	Male	
392	Robert	Rowland	Male	
393	Steven	Petchey	Male	
394	Samantha	Burder	Female	
395	Suzanne	Heath	Female	Ipswich Jaffa RC
396	Colin	Ellis	Male	
397	Hayley	Harper	Female	Ipswich Jaffa RC
398	Garry	Russell	Male	
399	Andrew	Graham	Male	
400	Steve	Roberts	Male	Sudbury Joggers
401	Trevor	Plowman	Male	
402	Chris	Aylmer	Male	Newmarket Joggers
403	Catherine	King	Female	
404	Phil	King	Female	
405	Beccy	Ray	Female	
406	Adam	Buckle	Male	Halstead RRC
407	Jamie	Fittock	Male	Sudbury Joggers
408	James	Wood	Male	Sudbury Joggers
409	Rosie	Atkins	Female	Halstead RRC
410	Damian	Thomas	Male	

411	Jake	Thomas	Male	
412	Anna	Coulborn	Female	Great Yarmouth Road Runners
413	Simon	Hibbert	Male	
414	Samuel	Blows	Male	
415	Steve	Goodwin	Male	
416	Matt	Smith	Male	
417	Sammy	Haynes	Male	
418	Genevieve	O'Farrell	Female	
419	Daniel	Wilkinson	Male	Colchester Harriers AC
420	Sarah	Duke	Female	London Heathside
421	Drew	Olley	Male	Colchester Harriers AC
422	Simon	Wilson	Male	Colchester Harriers AC
423	Fay	Smalls	Female	Colchester Harriers AC
424	Allen	Smalls	Male	Colchester Harriers AC
425	Michael	Welsh	Male	
426	Lucy	Cowlin	Female	Sudbury Joggers
427	James	Howes	Male	
428	Sarah	Kemble	Female	
429	George	Firth	Male	Stowmarket Striders RC
430	Kerry	Beadle	Female	
431	Stuart	Mathieson	Male	Sudbury Joggers
432	Olivia Rose	Aulton	Female	
433	Piotr	Bulacz	Male	
434	Sam	Derry	Female	
435	Jodie	Lock	Female	
436	Bonnie	Steel	Female	
437	Richard	Steel	Male	
438	Mel	Chittock	Male	
439	Sam Ashley	Peck	Male	
440	Kevin	Whyte	Male	
441	Michael	Miller	Male	
442	Chris	Beech	Male	
443	Richard	Hardacre	Male	
444	Paul	Edgar	Male	
445	Gill	Hughes	Female	
446	Robert	Grimsey	Male	Hadleigh Hares AC
447	Malcolm	Statham	Male	Colchester Harriers AC
448	Simon	Edney	Male	
449	Debbie	Hurrell	Female	
450	Aysha	Bilgi	Female	
451	Ben	Boxall	Male	
452	Matthew	Drury	Male	
453	Rachel	Rodgers	Female	Colchester Harriers AC
454	Michelle	Amos	Female	
455	Adam	Cronin	Male	
456	Andy	Brunning	Male	
457	Fern	Powell	Female	Caerleon RC
458	Helen	Philpot	Female	
459	Teresa	Morse	Female	
460	Lesley	Fitzwater	Female	
461	Tim	Brown	Male	
462	Martin	Lawrence	Male	

463	Rebecca	Griffiths	Female	
464	Josh	Rose	Male	
465	Chris	Fradley	Male	
466	Paul	Pengelly	Male	
467	Michael	Woodruff	Male	Bishops Stortford RC
468	Martin	Philpot	Male	
469	Stuart	Logan	Male	
470	James	Wright	Male	Springfield Striders RC
471	Lisa	Briggs	Female	
472	Rebekah	Davis	Female	
473	Steve	Bright	Male	
474	Leila	Silva	Female	
475	Michael	Bigg	Male	
476	Amelia	Moule	Female	
477	Alice	Bucksey	Female	
478	Neil	Wilkinson	Male	Sudbury Joggers
479	Justin	Fiddaman	Male	
480	Stephen	Dover	Male	
481	Rachel	Warde	Female	
482	Matthew	Flin	Male	
483	Ermeas	Afewerki	Male	
484	Kirstin	Lowe	Female	
485	Lisa	Chrysopoulos	Female	
486	Richard	Marshall	Male	
487	David	Hart	Male	
488	Nicola	Moss	Female	
489	Malgorzata	Liffen	Female	
490	Andrew	Liffen	Male	
491	Nichola	Whymark	Female	
492	Jill	Wright	Female	
493	ShÅçn	Bendall	Female	
494	Dave	Blower	Male	
495	John	Robinson	Male	
496	Bec	Hender	Female	Sudbury Joggers
497	Sarah	Mansi	Female	
498	Stephanie	Lown	Female	
499	Charlene	Clarke	Female	
500	Matt	Taylor	Male	
501	Ker	Macrosson	Male	Stowmarket Striders RC
502	David	Wignall	Male	
503	Anna	Benton	Female	
504	Yvonne	Scott	Female	
505	Darren	Sheppard	Male	Framlingham Flyers
506	Paul	Rodgers	Male	Colchester Harriers AC
507	Emma	Brown	Female	
508	Holly	Bishop	Female	
509	Carmel	Moscoso	Female	
510	Sid	Haygreen	Male	
511	Chris	Benham	Male	
512	Biggles	Irvine	Male	
513	Lizzie	Clements	Female	
514	Russell	Bigg	Male	

515	Rohan	Khaira	Male	
516	Laura	Stanton-Davis	Female	
517	Tony	Bacon	Male	Saffron Striders RC
518	Carl	Bashford	Male	
519	Michaela	Sears	Female	
520	Richard	Buckmaster	Male	
521	Karl	Chapman	Male	Wymondham AC
522	Ben	Hulbert	Male	
523	Lewis	Clarke	Male	
524	Alex	Askew	Male	
525	Richard	Taylor	Male	
526	Nicky	Mclvor	Male	
527	Samantha	Hines	Female	
528	Andrew	Wright	Male	Saint Edmund Pacers
529	Viv	Cassidy	Female	
530	alex	beadle	Male	
531	Louise	Punter	Female	
532	Samantha	Parker	Female	
533	David	Cole	Male	
534	James	Elkin	Male	
535	Chris	Barrett	Male	
536	Lee	Holohan	Male	
537	Louise	Yates	Female	Colchester Harriers AC
538	Jamie	Aitken	Male	
539	Robert	Townend	Male	
540	Sean	Moriarty	Male	Sudbury Rowing Club
541	Christopher	Hopkinson	Male	
542	Byron	Bullen	Male	
543	Martha	Bullen	Female	
544	Amelia	Maskell	Female	
545	Sam	Mcloughlin	Male	
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